A close up of a logo

Description automatically generated

**Understanding HCBS Requirement: Access to Food**

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. T F People have choices of when, where and with whom they would like to eat.
2. T F The kitchen and food storage areas are accessible to me. Kitchen cabinets and

refrigerators are not locked or “off-limits.”

1. T F I can get and have snacks outside of mealtimes if I want to.
2. T F Staff may not limit what I eat or drink due to their personal beliefs.
3. T F I can eat when I want to and sit where and with whom I want to.

6. T F Do not limit a person’s access to food unless there is an identified and

documented risk to the person’s health or safety that requires rights

modification.

Score: \_\_\_\_\_\_\_\_\_\_\_