

Access to Food

I. Policy:

Every individual will have access to food at any time unless limited by modifications in his/her Person-Centered Plan (PCP).

II. Standards:

The following rights will be afforded all individuals receiving Home and Community Based Waiver Services:

1. Individuals will be allowed to eat a meal or snack at any time. If an individual misses a meal, the individual will not be required to wait until the next mealtime but will be provided alternative meal arrangements.
2. Individuals will be provided choice of when, where and with whom they would like to eat.
3. Individuals will have access to kitchen and food storage areas and will be provided storage space for personal snacks, if desired.
4. Training and assistance will be provided individuals for meal planning, preparation, shopping, budgeting, and other related areas as specified in the individual's PCP.
5. The HCBS Settings Compliance Checklist, issued by the ADMH-Developmental Disabilities Division in July 2022, will be used in training staff on all rights including providing guidance to staff on how to practice and apply these rights.